## Satyam Shivam Sundaram 108 Days English Series : 1st Feb'22 to 19 May'22

Date	Ep. No.	Topic
01-02-2022	01/108	Satyam (The Truth)
02-02-2022	02/108	Shivam (The Auspicious)
03-02-2022	03/108	Sundaram (The Beautiful)
04-02-2022	04/108	Piyu (The Beloved)
05-02-2022	05/108	Mām ekaṁ śaraṇaṁ vraja (Just Surrender Unto Me)
06-02-2022	06/108	Rup & Basant
07-02-2022	07/108	Amar Katha (The Story Of Immortality)
08-02-2022	08/108	Teesra Netra (The Third Eye)
09-02-2022	09/108	Rudra Geeta Gyan Yagya (The Sacrificial Fire of Gyan)
10-02-2022	10/108	Kalyanasundara (The Beautiful Marriage)
11-02-2022	11/108	Indra Sabha (The Court of Indra)
12-02-2022	12/108	Yada Yada Hi Dharmasya
13-02-2022	13/108	त्वमेव माताश्च पिता त्वमेव (Your are Mother & Father)
14-02-2022	14/108	Ram Rajya (The Kingdom of Rama)
15-02-2022	15/108	Sanjeevani Booti (The Life Giving Herb)
16-02-2002	16/108	Dheeraj Dhar Manva (Can't Hardly Wait)
17-02-2022	17/108	Bela Hain Jaagran Ki (The Divine Wake-up Call)
18-02-2022	18/108	Dadhichi Rishi (The Ultimate Sacrifice)

Date	Ep. No.	Topic
19-02-2022	19/108	Khuda Dost (Friends of God)
20-02-2022	20/108	Samudra Manthan (Churning the Ocean)
21-02-2022	21/108	Savitri and Satyavaan
22-02-2022	22/108	Mohajeet Raja (The King Who conquered attachment)
23-02-2022	23/108	Raja Midas (King Midas And the Golden Touch)
24-02-2022	24/108	Mukh mein Mulhara (The Bead in Mouth)
25-02-2022	25/108	Ajamil Mukti (Ajamil Set Free)
26-02-2022	26/108	Sau Sau Karis Shringaar (Decorating the donkey's child)
27-02-2022	27/108	Bacchu Badshah aur Peeru Vajeer (Emperor Bacchu and Minister Peeru)
28-02-2022	28/108	Aate mein Loon (The Salt in Dough)
01-03-2022	29/108	Garbh Jail (The Prison of Womb)
02-03-2022	30/108	Garbh Mahal (The Palace of Womb)
03-03-2022	31/108	Welcome to Karma Cafe !
04-03-2022	32/108	सुदामा और चावल मुट्ठी (Sudama & the Beaten Rice)
05-03-2022	33/108	Agyani Gyan (The Ignorant Knowledge)
06-03-2022	34/108	Kumbhakarna (The Curse of Sleeping)
07-06-2022	35/108	Sach To Vitho Nach (The true one dances)
08-03-2022	36/108	Bhasmasura (The Sin of Selfishness)
09-03-2022	37/108	Mukhda Dekh Le Prani (Narada's Pride)

Date	Ep. No.	Topic
10-03-2022	38/108	Swarg mein ek hi seat khali hai (Only One Seat Vacant in Heaven)
11-03-2022	39/108	सत्यनारायण की कथा (The Story of Satyanarayana)
12-03-2022	40/108	Shok Vatika (The Cottage of Sorrow)
13-03-2022	41/108	Ashok Vatika (The Cottage of Happiness)
14-03-2022	42/108	Satyamev Jayate (Truth wins!)
15-03-2022	43/108	Khudai Khidmatgaar (The Servers of God)
16-03-2022	44/108	Vat vende baman fatho (The Brahmin trapped while walking)
17-03-2022	45/108	So ja Rajkumari so ja (Sleep, oh princess, sleep)
18-03-2022	46/108	Second mein Jeevan mukti (The Story of Asthavakra and King Janak)
19-03-2022	47/108	Kaliyug ka Ant (The End Times)
20-03-2022	48/108	Hukmi hukm chala raha (The One who moves everything is moving me)
21-03-2022	49/108	Holika Dahan (The Secrets of Holi)
22-03-2022	50/108	Gaumukh (The Mouth of the Cow)
23-03-2022	51/108	Bhishma Pitamah (The Himalayan Pledge)
24-03-2022	52/108	Jaisa sang vaisa rang (As is the company so is the colour)
25-03-2022	53/108	Jale naa kyon parvaana? (Why shouldn't the moth die in the Flame?)
26-03-2022	54/108	Shubhasya Shighram (Do good things without delay)
27-03-2022	55/108	Haddi Sewa (God's Unique word for True Sewa)
28-03-2022	56/108	Teen Bandar (The Three Monkeys)

Date	Ep. No.	Topic
29-03-2022	57/108	Nastomoha Smrtilabdha (The conqueror of attachment and the embodiment of remembrance)
30-03-2022	58/108	Saccha Vaishnav (The True Vaishnav)
31-03-2022	59/108	Jo ote so Arjun (He who takes the initiative, is Arjuna)
01-04-2022	60/108	Ab nahi to kab nahi (If not now, then never)
02-04-2022	61/108	Sukh do, Sukh lo (Give happiness and take happiness)
03-04-2022	62/108	Mirua maut maluka shikaar (Death to the prey and happiness to the hunter)
04-04-2022	63/108	Vardani Hast (The Hand of Blessing)
05-04-2022	64/108	Jo karega so paega (He who does – gets !)
06-04-2022	65/108	Ye vakt jaa raha hai (This time is passing by)
07-04-2022	66/108	Jap Saheb ko, to sukh mile (Remember God and you will attain happiness)
08-04-2022	67/108	Ruhani Baap ki Ruhani Bachchon ko Namaste (The Spiritual Father says Namaste to the spiritual children)
09-04-2022	68/108	Ruhani Bachchon ki Ruhani Baap ko Namaste (The spiritual children say namaste to the Spiritual Father)
10-04-2022	69/108	Jin soya tin khoya (The one who slept lost everything !)
11-04-2022	70/108	Nainheen ko raah dikhao, Prabhu (Oh God, show the path to the blind ones!)
12-04-2022	71/108	Ram simar prabhat more man (Oh my mind, remember Rama early in the morning!)
13-03-2022	72/108	Pritam aan milo ! (Oh Beloved, come and meet us ! )
14-04-2022	73/108	Aage daud peechhe chhod (Running to learn new things and forgetting whatever has been studied before)
15-04-2022	74/108	Kam Hi Jyada Hai (Less is more)
16-04-2022	75/108	Jyada Hi Kam Hai (More is Less)

Date	Ep. No.	Topic
17-04-2022	76/108	Pavitrata Ka Garbh (The Womb of Purity)
18-04-2022	77/108	Sa - dhana (The Divine Wealth)
19-04-2022	78/108	Pull, Seedhi aur Nauka (Break the bridge, Throw the ladder, Drown the boat)
20-04-2022	79/108	Sikh-Sikh, Jhuk-Jhuk, Mar-Mar (Learn-Learn, Bow-Bow & Die- Die)
21-04-2022	80/108	Brahmacharya Saadhan (5 Aids to Celibacy)
22-04-2022	81/108	Bas Ek Hi Sab Kuch (None But One)
23-04-2022	82/108	Mujhe apni sharan mein le lo Ram (Oh Ram, give me a refuge)
24-04-2022	83/108	Ahimsa Paramodharmah (Non-violence is the greatest Religion)
25-04-2022	84/108	Dil saaf to Muraad haasil (If the heart is clean, all its desires are fulfilled)
26-04-2022	85/108	Kakh ka chor so lakh ka chor (The one who steals a straw is equal to the one who steals a hundred thousand rupees)
27-04-2022	86/108	Turant daan Mahapunya (The immediate donation is the greatest charity)
28-04-2022	87/108	Geet Gaaya Pattharon Ne (The stones were singing a song)
29-04-2022	88/108	Aap mare mar gai duniya (When you die, the whole world is dead for you)
30-04-2022	89/108	Aaj nahi to kal bikhrenge ye baadal (If not today, then tomorrow these clouds will disperse)
01-05-2022	90/108	Halkapan (The Feeling of Lightness)
02-05-2022	91/108	Behad Ka Vairagya (The unlimited Disinterest)
03-05-2022	92/108	Madhurageet (The Song of Sweetness)
04-05-2022	93/108	Alokik Aarohan (The Divine Transcendence)
05-05-2022	94/108	Maya Ki Faagi (The Fog Of Maya)

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06-05-2022	95/108	Jaane Kya Dekha Mujh mein (What I've done to deserve this?)
07-05-2022	96/108	Sherni ka doodh sone ke bartan mein hi thaharta hai (The milk of a lioness can only be stored in a golden utensil)
08-05-2022	97/108	Tere dwar khada Bhagavan, Bhagat bhar de re jholi ! (God is standing at your doorstep, Oh Bhagat, do fill His apron !)
09-05-2022	98/108	Chhodo To Chhute (Let go and you will be free)
10-05-2022	99/108	Raat ke raahi, thak mat jaana (Oh traveler of the night, don't get weary)
11-05-2022	100/108	Kam kharch baala nashin (Attain greater glorification with less expenditures)
12-05-2022	101/108	Part 1/8 : Nirahar Samyama (8 days Solid Food Vacation (SFV))
13-05-2022	102/108	Part 2/8 : Nirahar Samyama (2) (8 days Solid Food Vacation (SFV))
14-05-2022	103/108	Part 3/8 : Nirahar Samyama (3) (8 days Solid Food Vacation (SFV))
15-05-2022	104/108	Part 4/8 : Pranic Nourishment (8 days Solid Food Vacation (SFV))
16-05-2022	105/108	Part 5/8 : Pranic Nourishment (2) (8 days Solid Food Vacation (SFV))
17-05-2022	106/108	Part 6/8 : Pranic Nourishment (3) (8 days Solid Food Vacation (SFV))
18-05-2022	107/108	Part 7/8 : Invest in yourself - The Magic of Detox (8 days Solid Food Vacation (SFV))
19-05-2022	108/108	Part 8/8 : From SFV to SSS - A New Beginning (8 days Solid Food Vacation (SFV))